

MPOX

STAY INFORMED, STAY SAFE

Mpox is a disease caused by a virus. Individuals with mpox typically develop a rash resembling pimples or blisters, which can appear anywhere on the body. Before the rash appears, you may experience flu-like symptoms.

WHAT YOU NEED TO KNOW

- Mpox has been identified in Kentucky.
- This disease spreads mainly through close intimate contact, including sexual activity.
- Certain individuals are at higher risk for mpox, including those who engage in male-to-male sexual contact or have multiple sexual partners.
- If you think you may be eligible to receive a mpox vaccine, please reach out to your health care provider or local health department.

IF YOU HAVE SYMPTOMS

- Isolate yourself from others and if you must go out in public, be sure to **completely** cover all sores/rashes
- Wear a mask
- Call a health care provider about testing and treatment options

SCAN THE QR CODE TO LEARN MORE ABOUT MPOX



<https://www.cdc.gov/mpox/>

KNOW THE SYMPTOMS*

- Respiratory symptoms (e.g., sore throat, nasal congestion, or cough)
- Fever
- Headache
- Muscle aches
- Swollen lymph nodes
- Exhaustion
- Rash
- Painful, pus-filled bumps or sores that appear in the mouth or other parts of your body

***Symptoms start 5-21 days after exposure**

STAY SAFE

- Get vaccinated for mpox
- Talk openly with partners before close contact
- Check to see if you and your partner are free from sores, rashes, and other symptoms



Kentucky Public Health
Prevent. Promote. Protect.